



Welcome – everything feels very cheerful as I write on 1 March...Level A is in its final stages of completion, and we have had some substantial contributions towards its cost. We have warm memories of a lovely evening at Charterhouse in December and more great fundraising events to look forward to in the next few months. We have new volunteers and new treatments and new research projects starting up. And the daffs in our garden need just one more day of sun to come out properly – Happy Spring!

Buon Camino!



Some of this year's trekkers on one of their early training sessions : Ann Whittle, Marion Dante, Ray Beard, Vicki Claxton, Debbie Levy (veteran of the 2010 trek), Rosemary Gardner, Chrissie Beard, Phil McDowell.

That is how walkers and pilgrims greet each other on the road to Santiago di Compostella – generally as the fit young things overtake those who like to appreciate their surroundings as they go. And it is what we should say to this year's intrepid group of fund-raisers, who will set off from Barcelos in Portugal on 27 April 2012.

The group have been in training since before Christmas, so fitness should not be too much of a problem. But they are trying out a route which has not been regularly used since mediaeval

times, so it will be even more of an adventure than the 2010 trek.

The participants are a mix of staff, volunteers, therapists and patients: Charlotte & Phil McDowell; Ray and Chrissie Beard; Marion Dante; Alan Moore; Wendy Grimond; Vicki Claxton; Rosemary Gardner; Ann Whittle; and Di Prideaux. They will all be glad to have your support and good wishes. And if you would like to add to the funds they are raising, either find them on www.justgiving.com or call the Fountain Centre on 01483 406619.



TV Star opens Teenage Cancer Unit

On Friday 2nd December, Simon Bird, star of E4's The Inbetweeners, visited the Royal Surrey to officially open the new Teenage Cancer Unit on Hascombe Ward. Simon, whose mother knows the Fountain Centre well, said a few words and cut the official ribbon, then spent the rest of the afternoon chatting to patients and signing autographs.

A touch of glamour – The Mayor's Ball, 13 April 2012

2012 is of course the year of the Diamond Jubilee. Guildford's Mayor, Terence Patrick, has decided that his Fundraising Ball – in aid of the Fountain Centre, his chosen charity – should recreate a little of the glamour of the 1950s.

While it will not be a Costume party, he is hoping that people will enjoy the opportunity to dress up for an evening slightly retro stylishness. A jazz and swing band will accompany the evening's festivities, courtesy of Summer Nights at Loseley, and there will be a raffle and silent auction.



The Ball is being held at the Radisson Hotel, Guildford on 13 April – yes, a Friday, but we are not going to let that spoil the fun! Tickets cost £60 per person, or £55 each for a table of 10 people, and are available from www.visitguildford.com or 01483 444334.

Mayor of Guildford, Terence Patrick, at our Fashion Show last year

Level A Update

The building works in the Level A reception area of St Luke's have been very conspicuous over the last couple of months, and we are sorry for any inconvenience people have been caused. But at the time of writing, the structural work has been completed. The contractors are now installing the fixtures and fittings and we are looking forward to the end result – it will be well worth all the effort. All being well, the Fountain Centre Level A will be open for business in April.

Working on exactly the same principles as the Fountain Centre next to the chemotherapy wards, there is a reception area where volunteers can welcome patients, a comfortable, peaceful waiting area and two new therapy rooms.

The new suite will enable us to extend our support significantly. The Radiotherapy Department deals with some 250 patient visits per day. The same entrance is also used by patients who visit the Nuclear Medicine area, of which there can be a further 30 to 50 patient visits per day. It will make it much easier for all those patients, and their carers and families, to access the services we can offer them.

We aim to create a haven where patients can feel safe enough to express their fears and anxieties. Some of our services are particularly appropriate to patients who experience pre-radiotherapy treatment problems such as anticipatory nausea/anxiety, as well as post-treatment side effects. As the new suite is so close to the treatment rooms, people will be able to come in without being afraid of missing their appointment. Even if they only have a few minutes they can come in for a quick browse, and book a therapy session for a later date.

Look out for a full report in the next newsletter.

Calling old mobiles.....



Do you have a cupboard in the hall, or a drawer in the kitchen, with old mobile phones and their bits of string all in a tangle? You are not alone!

But if you are planning a spring decluttering session, bring them in to the Fountain Centre. We have a collection box for old mobile phones which we can send off for recycling, and get in some welcome extra cash.

All contributions gratefully received!

New Pituitary research

The Fountain Centre is excited to be undertaking research with the Cedar Centre at RSCH. The two organisations are working in partnership to look at the benefits of providing complementary therapies for people with pituitary disorders.

Over the next few months the Fountain Centre will be spending time in the pituitary clinic explaining the Fountain Centre service to the patients. Dr Sue Davidson, Associate Specialist in Diabetes and Endocrinology will support the development of the staff and volunteers at the Fountain Centre by providing training and advice. The research will be completed over the next 12 months.

Book Club Schedule 2012

15/03/12	Night Train to Lisbon	Pascal Mercier
19/04/12	The Angel's Game	Carlos Ruiz Zafon
17/05/12	The Group	Mary McCarthy
21/06/12	Agent ZigZag	Ben McIntyre
19/07/12	The Believers	Zoe Heller
16/08/12	The Lantern	Deborah Lawrenson
20/09/12	Juliet, Naked	Nick Hornby
18/10/12	A Change in Attitude	Anita Shreeve
15/11/12	American Wife	Curtis Sittenfield
20/12/12	December	Elizabeth Winthrop

All meetings are from 11.00 – 12.00 in the Fountain Centre. If you have any questions or would like to find out about joining, please contact Maria Wakefield on 011483 406619 or email rsc-tr.fountaincentre@nhs.net



Supports the Fountain Centre

If you would like to sponsor the newsletter as a one off or on a regular basis please contact the Fountain Centre on 01483 406619



Volunteers needed

No matter how much time you have available, you can make a difference to our patients. There are a variety of ways in which you can help. Welcoming visitors to the centre, supporting and listening to visitors, providing complementary therapies, counselling, classes (Yoga, Art, Music), helping with monthly support groups, fundraising, watering and maintaining the garden are just some of the ways in which you can help. Our volunteers are essential to everything we do.

If you are interested in volunteering in the Fountain Centre please contact us on 01483 406619.

We look forward to seeing you.

Indian Head Massage (IHM)

IHM arrived in the west in the early 1970's and has been a wonderful addition to the many healing therapies we practice here in the UK and at the Fountain Centre. It addresses the tension that can build up in the head and neck and shoulders created by spending too much time thinking and being in our heads – a truly modern disease! It is based on the ancient Ayurvedic System of healing that has been practiced in India for over a thousand years.

The client relaxes in a chair fully clothed, with the exception of the upper part of the back, and is covered by a towel while the practitioner uses a variety of different movements to massage and stimulate the scalp, neck and upper back. IHM is a gentle yet revitalising treatment that helps to balance the mind while working on muscle tension, thereby aiding circulation and relaxation.

The benefits?

IHM helps to reduce stress and tension by increasing blood circulation and lymphatic flow to the head, neck, and shoulders, as well as to the small facial muscles. It promotes the release

of toxins and muscular tension, and is a highly rejuvenating treatment that helps to clear and balance the mind.

Among the many noted benefits are improvements in the following:

- Headaches and Migraines
- Flexibility
- Calmness, peace and tranquillity
- Anxiety and stress
- Concentration and ability to relax
- Sleep quality
- Energy levels

IHM can also help with scalp and hair problems as it aids circulation. It is accessible and transportable and can be done almost anywhere. It is a truly beneficial way of assisting our clients to relax and find peace and calm in times of discomfort, stress and anxiety.

Clients report that following a treatment they feel a deep sense of space and tranquillity. They emerge relaxed and revitalised and ready to face the day. Why not give it a try!

Sally Muir

Two new treatments available –

Pink Ribbon Programme is a six week course of post-operative rehabilitation Pilates-based exercise for breast cancer patients, run by a Breast Care Exercise Specialist. The programme is designed to help

- improve self-confidence and control
- regain strength and mobility in the affect shoulder and arm
- enhance energy levels
- control weight
- improve sleep
- alleviate fatigue
- reduce stress and tension
- enhance overall well being



BodyTalk is a relatively new technique, difficult to explain in words but proving popular. To quote from the International BodyTalk Association's website, *it "is an astonishingly simple and effective holistic therapy that allows the body's energy systems to be re-synchronized so they can operate as nature intended. Each system, cell, and atom is in constant communication with each other at all times. Through exposure to the stresses of day-to-day life, however, these lines of communication can become compromised or disconnected, which then leads to a decline in physical, emotional and/or mental well-being. Reconnecting these lines of communication enables the body's internal mechanisms to function at optimal levels, thus repairing and preventing disease while rapidly accelerating the healing process. In this way, BodyTalk stimulates the body's innate ability to balance and heal itself on all levels."*

For further details, to make appointments or to book a place on the Pink Ribbon Programme call the Fountain Centre on 01483 406619 or come in to Reception.

Mike Wells steps down

We owe a lot to many people, but particularly to Mike Wells, who has been Chairman of the Supporters' Club for who knows how long. After several years of really dedicated work running the club, rallying support, making sure events get off the ground and bringing in £1000s each year – with stirring support from his wife Janet, of course – Mike decided in the autumn that it was time to hand over the role.

There wasn't an obvious willing successor, so we decided to think laterally. FC staff felt guilty that so much work was being done by a very dedicated few, and when the fundraising team was expanded in 2011, one objective was to give the Supporters more support.

Derek Uridge did some market research with all those who were on the Supporters Group mailing list. He sent out 80 questionnaires and got 40 replies – so we know who wants and is able to be an active supporter. And Club meetings in the autumn

spent a lot of time thinking about arrangements for the future.

They agreed it would be good to be more integrated in the FC structure. The November meeting voted unanimously in favour of changing from a Club to a Group, with meetings chaired by one of the staff or a trustee. This means that the Supporters' Group can be kept up to date with wider issues affecting the Centre.

The administrative load is now spread more fairly, and there are defined contacts for staff and trustees to talk to when needed:

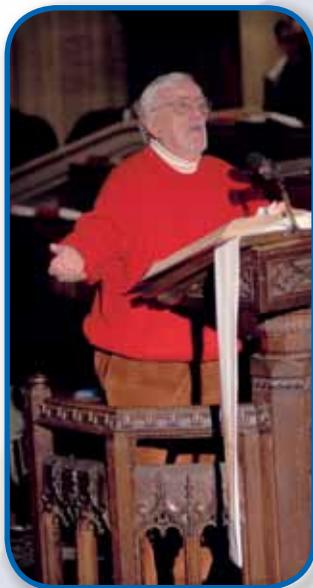
- **Gill McCarraher** and **Marion Dante** are joint **Lead Fundraisers**
- **Derek Uridge** continues to look after **Publicity**
- **Tina Ridge** has taken charge of **Membership**, including welcoming new members to the group and keeping contact information up-to-date



- and **Mike Wells** is **Stock Manager** overseeing the fundraising materials we keep for events, like buckets and banners.

The group will meet every 2 months to discuss future fund raising and social events and new members will be **extremely welcome** – the next meeting is Tuesday 8 May at 19.30. In the meantime, if you would like to find out more or get involved, contact Tina Ridge (tinairidge001@hotmail.com, 07771 992580).

The Co-operative Bank & The Fountain Centre's Christmas Concert



Bernard Cribbins



Kathryn Harries



Tony Adie

The Co-operative Banking Group was delighted to be given the opportunity to sponsor The Fountain Centre's Christmas Concert which was held on the 19th of December.

Charterhouse School's chapel was the setting for a magical evening of musical entertainment, compered effortlessly by Bernard Cribbins OBE. The programme featured the renowned Opera singer Kathryn Harries, supported by soloists Linda Ormiston & James Nicol and a whole host of other talents too numerous to list here.

The week prior to the concert had seen the opening of our new Co-operative Corporate Banking Centre at 84 North Street in Guildford, and so this was a wonderful chance to support the Charity whilst raising awareness of our Bank's opening amongst the 500 attendees on the night.

Following the Co-operative Bank's involvement in the concert we have continued to support The Fountain Centre. Indeed visitors to our Corporate Banking Centre can read literature about the Charity's work which is displayed proudly alongside your fund raising calendar in our office.

Our relationship has continued. The Fountain Centre's video featured on a rolling plasma screen at the new Guildford Corporate Centre's Launch Party held at the Radisson Edwardian Hotel on the 23rd of February. This promoted the Charity's activities to a wide cross-section of our customers and professional contacts from Guildford, Surrey & Sussex.



Martin McCleery

Senior Corporate Manager, The Co-operative Bank



Paula Dash, our Events manager, was delighted to receive a very handsome cheque from Peter White and Hazel Tapp, from the Wey Valley branch of the Foresters. As well as providing financial advice and products, Foresters help communities across the country by raising funds for charities and local projects. They also help members who need support.



Wig Bank Service

We have a selection of donated wigs available at discounted prices. All wigs have been sanitised by our volunteer

hairdresser, who has completed the Trevor Sorbie Wig Course

We also offer a WIG CUTTING SERVICE for a small donation.

DONATED WIGS URGENTLY REQUIRED

Longacres Garden Centre, Bagshot

As anyone one who has organized collections will tell you it is a long slog writing letters, posting leaflets to the owners or managers of various stores, garden centres etc. Then there is the job of asking folk to give up their time to collect. That means more emailing, followed up with phone calls and texts. Of course we can always rely on the likes of Gill McCarraher, Peter Hailey, Gunhild Thompson, Jackie Wetherell, Janet and Mike Wells, Wendy Ratcliffe, Derek Uridge and all their friends. Prior to the collection date the banner, placards, literature, boxes, buckets, sashes and stickers need to be collected from Maria at the Fountain Centre.



June Vanhinsberg and Paddy Westbury, two of the team of collectors at Longacres, Bagshot, on November 26

Over many years now we have built up an excellent relationship with Longacres owners Mr Peter Long, his wife Mary and their daughter Carol. Our first point of contact of course is with their general manager Emily Allen with whom we have a great relationship. We are also fortunate enough to know many

of the staff – Carol and Pearl and especially Jan Davies. She also belongs to our local Three Counties Cancer Support Group run by Jackie Wetherell, and is a great asset. There was a great spirit among us this year possible because we had a good number of volunteers and the offer of free coffee in the staff canteen. So

we were delighted on going home to discover that we had raised £725.12

If anyone would like to help at any of this year's collections, contact Marion (mariondante@yahoo.co.uk) – this year's Longacres collection will be 24 November.

information for your calendar

The Fountain Centre is open Monday to Friday 9am – 5pm.
Please contact us on 01483 406618 to make inquiries or a booking.

Weekly Activities

Monday

Acupuncture, Counselling, EFT (Emotional Freedom Technique), Hypnotherapy, Reflexology, Yoga

Tuesday

Acupuncture, Counselling, Massage, MLD (Manual Lymphatic Drainage), Meditation, Reflexology, Reiki, Shiatsu

Wednesday

Acupuncture, Aromatherapy, Benefits Advice, Counselling, CranioSacral Therapy, Hydrotherm, Hypnotherapy, Massage, Meditation Visualisation, MLD, Reflexology, Reiki, Shiatsu, Wig bank and cutting service

Thursday

Acupressure, Acupuncture, Art with Meditation, Counselling, CranioSacral Therapy, Feldenkreis, Hydrotherm, Indian Head Massage, Massage, Meditation, MLD, Reflexology, Reiki

Friday

Acupuncture, Aromatherapy, Counselling, Hydrotherm, Indian Head Massage, Massage, Meditation, Pilates, Reflexology, Reiki

Lymphoma Support Group – new time, new venue

The Lymphoma Support Group has undergone some changes recently. It now meets on the 3rd Tuesday of each month, 7.30 – 9.00, in the Main Bar area of the Holiday Inn. For full details, contact Mark & Paula on 01276 26369/ Steve and Annabel on 011483 838296/ Gary on 01483 563585.



Monthly

Look Good Feel Better

Look Good Feel Better is always on the 1st and 3rd Tuesday of the month

Hascombe Oncology Support Group – for parents of children affected by cancer

Meet on the 4th Tuesday of each month in the Creative Arts room.

Contact Melanie Popham on 01483 571122 ext 4071 for times each month.

Book Club

Meet on the 3rd Thursday of each month, 10.15-11.15. For more information contact Maria Wakefield on 01483 406619.

Young Women's Support Group

A new group for women aged 20-45 which meets on the 3rd Thursday of every month in the Creative Arts room from 12.30 – 3.00.

Contact Anne Pike for more information on 01483 416619 or anne.pike1@nhs.net

Brain Tumour Support Group

Meet on the 1st Thursday of each month, 12.30 – 3.00 in the Creative Arts room

Ovarian Cancer Support Group

Last Friday of the month – every other month

Contact Fiona Thompson on 01483 571122 ext 2038 for more details



Sutton Green Golf Club drives for success



Alan George and Sue Taylor present Maria Wakefield with their splendid cheque

Captains Sue Taylor & Alan George pulled out all the stops to raise £10,000 for their 2011 chosen charity, The Fountain Centre.

Throughout their year as Captains at Sutton Green, a series of events were held including a highly successful Race Night and a Captain's charity day. The auction for this had a stunning array of items, such as:

- a Manchester United football signed by Sir Alex Ferguson and his team
- a hospitality box at Chelsea football club
- tickets to the Summer Cocktail Party at Ascot Race Course
- season tickets to BMW/PGA Championships at Wentworth
- a limited edition photo album of The Jam, – personally autographed by Paul Weller; and
- Solheim Cup memorabilia generously donated by SGGC's own touring professional, Laura Davies CBE.

Not so coincidentally, the 16th hole at SGGC has a lake with a 'fountain' where wayward golfers were invited to 'Splash for Cash' and donate 50p in the collecting box if their ball went in this lake.

"Sue and I agreed from day one that our chosen charity should be local to our community," said Alan George, "And that it should be one where, however much we raised, the money would be well deserved and well spent. The Fountain Centre needs and deserves every bit of funding to carry on their essential work"

The Fountain Centre are extremely grateful to Sutton Green Golf Club for all their endeavours over the past year on our behalf.

Please may I have this teddy?

You see I fund raise for The Fountain Centre.....'



This appeal to Arun in Sandhurst Tesco Store was followed by noticing the reduced Christmas stock in the Seasonal aisle and my approach to a manager. Once I convinced Ahmet that I would produce the necessary documentation, he asked: "Do you have a van?" "Yes!" I replied hoping that Mike & Janet Wells would be available at one o'clock on the following Saturday.

So it was that Manager John Rice, Ahmet Adage, Mike and Janet Wells and I loaded countless boxes of Christmas decoration, cards, artificial trees and much more, three times over into Mike's car for him to transport to a garage in Park Barn, Guildford. Returning several times to catalogue our treasure, Mike, Janet and Gill McCarraher decided that the garage was too damp. So Maria Wakefield's help, we were generously given some space by The Yellow Box Storage Company and every thing was moved there.

We started small. A stall in Camberley Arena Leisure Centre raised £103. Then Gill McCarraher and I were given a permit to set up stall in Camberley Mall shopping centre – another £126. And then we ran the Fountain Centre stall at the Royal Surrey's Christmas Fair with help from Bridget and her friend, Peter, Rocio, Gill, Maria, Janet and Charlotte. There was a stall in the Fountain Centre itself and supplied decorations for the wonderful Carol Service at Charterhouse – altogether £2247 was raised. What's more we still have some decorations left and I have already approached Tesco, Mark's & Spencer to see if they could possibly supply us with more for next year.....

Marion Dante

Fashion Show 2012.....

Will be happening in Spring 2013. It has been impossible to get a venue and a date that works for everyone this year, so we have decided to shift the occasion and make it a celebration of the Spring. We will let everyone know as soon as the date is fixed. In the meantime, it is never too early to volunteer to be a model – if you are a patient – or a helper. Please contact Maria on 01483 406619.

Thank You

Our warm thanks for their support – in money and in kind – go to:

West Surrey Golf Club	The Treasured Chests Team
The Rotary Club of Guildford	Adrian Burnett
Chris Tongue	Sheer Delight, Godalming, and
Dead Ready Productions	Jo Austin,
The Co-operative Bank	Hayley Prendiville,
Surrey Police	Sarah Tye,
Rotary Club of Farnborough	Nichola Ashcroft and
Mr Richard Bowman	Claire Beatley, collectively
Mrs Ulic Wheeler	known as 'Mums Say Balls to Cancer'

History repeating....thoughts of a volunteer

Old age comes not alone but brings its siblings with it. I don't know who said that but I find it's certainly true, These siblings are not all good and not all bad; and when they are bad we can always



change gear and drop into our memory bank where we have a choice, we can dig up the good potatoes or discard the mushy ones. And it's fun to make comparisons – was it really better in the old days? I grew up during the war and its aftermath. There were food shortages and those left at home were encouraged to: 'Dig for Victory'. There was a shortage of manpower with all able bodied men called up to fight so volunteering became a necessity: Fire Wardens, the Home Guard and in hospitals civilians augmented the overworked staff. For example, at the age of eight I was at boarding school and after some time complaining of stomach ache I was diagnosed with appendicitis by which time it had burst. I was rushed off to hospital in a taxi and carried onto the ward where I was prepped then off the operating theatre. I was carried for all this charging about in the arms of one of Baden Powell's Senior Scouts – In full uniform; I particularly remember the Hat!

Funny how history repeats itself. Here we are again being encouraged to grow our own and Volunteering is the buzzword for the Big Society. I became involved with the Royal Surrey when my wife was treated for cancer and later I went down a similar route. While my wife was undergoing treatment we joined a group of professionals and volunteers, most of whom had been touched by cancer, whose aim was to better communication between patients, carers and hospital staff during

treatment. We were introduced to the Fountain Centre where my wife had complimentary treatments as a patient and I had therapy as a carer and later as a patient. The range of therapies is immense and to walk the 50 or so meters from chemo is to walk into an oasis of comfort and calm. Three years ago I finished my treatment for cancer and enjoyed several of their therapies getting me back on my feet. But during those three years I had a niggle that wormed its way through my consciousness: I owed the hospital for the care given to me and my wife. Last year I made the decision: It was pay-back time. With the experience we had at St Lukes and the Fountain Centre this was the obvious place to sacrifice some of my spare time and commit. I look forward to my half day slot [where women outnumber the men!] and I'm meeting patients and carers looking for some ease and relief on the rough road to recovery – a road I'm familiar with and all I'm asked to do is no more than I would at home should I have visitors: welcome them, offer some refreshment and make them comfortable. Did somebody mention 'sacrifice'? I don't think so.

ASD

Thank you for thinking of us

Over £6000 has been raised for the Fountain Centre over the last year, thanks to the thoughtfulness and generosity of people who might have had more pressing things to think about. This is enough to run the Fountain Centre for over a fortnight.

Since January 2010, eighteen families have decided to ask for donations to the Fountain Centre instead of funeral flowers, as a memorial to loved ones they have lost. Others have set up JustGiving pages to raise money in memory of friends or relatives. One of these says: "Harry was always quick to offer help to those in need and we know that he would be very satisfied to know that by making a donation in his name to The Fountain Centre at St Luke's he can continue to help others."

Of course we are extremely grateful for all the donations we receive. But somehow **In Memoriam** gifts feel extra special. Our particular thanks to the families of:

Trevor Cobby; Chris Cutler; Maureen Davies; Valerie. Davies; T.Dodds; David Edwards; D Evans; Theodore Gadd; Maria Herawati Gardner; Peter Graham; Marian Haines; Andrew Haughtown; Diana Healey; Harry Hetherington; Jacqueline Holdforth; Jayne Lamont; Mike Nevins; Carol Philips; Veronica Smith; Sharon Thornton; Sandy Underhill

Donating 21st century-style

Don't forget there are now lots of new-fangled ways of donating to the Fountain Centre. You can choose what works best for you –

- You can give money just with the tap of a thumb, courtesy of Vodafone's new system, JustTextGiving.....Text FOUN10 £5 to 70070 to donate to The Fountain Centre. It couldn't really be easier.
- You have probably heard of the JustGiving.com website, where people can donate to good causes electronically. The Fountain Centre has now signed up to two more alternatives, MyDonate (www.btplc.com/mydonate) and Virgin Money Giving (www.virginmoneygiving.com). They are both free for donors to use, and they deal with all the administration involved in claiming back Gift Aid – which saves us a lot of time and hassle.
- If you shop online, you can donate to the Fountain Centre at the same time – completely for free, because it is the companies you are buying from who make the donation. Register with www.easygiving.co.uk or www.thegivingmachine.co.uk then every time you do your shopping via their sites, we get money – how good is that!
- And if you sell online, with eBay for Charity (www.ebay.com) you can automatically donate some (or all) of your proceeds to the Fountain Centre. As we don't have any high street shops, this is a great way to declutter and help the Fountain Centre at the same time.

But we are still very happy for you to use the more traditional methods as well - cash, cheques and standing orders are just as acceptable!

Make your last wishes something to remember

Legacies are vital to our very survival, a fact that most of our supporters don't realise. To raise some much needed awareness, we've joined forces with Remember A Charity, the largest consortium of its kind in the UK working to promote legacy giving. Remember A Charity has more than 150 member charities working together to encourage more people to leave a gift in their will for good causes

We understand that family and loved ones will always take priority - remembering a charity in your will doesn't mean excluding others. A gift to charity in your will does not have to mean large amounts of money. A small gift can make a very real difference.

35%* of people saying they would consider including a gift to charity after providing for their family and friends in their will, but only 7%* actually do so. There is huge potential to increase income from legacies. If, together, we can grow the sector by just 4%, we could raise an extra £1 billion for UK charities.

A consumer campaign which first launched in 2009 around the theme of 'Make your last wishes something to remember' has made positive inroads in changing people's attitudes. For example, 60% of those who had seen the TV ads said 'it made them think it was possible to leave a legacy as well as provide for family and friends'.



The campaign is not only creating enthusiasm among the general public, but also with legal advisors and other professionals who write wills. Our collective aim is for all professional advisors to prompt their clients to consider leaving a charitable gift in their will.

We can all help the campaign to succeed, thereby growing the legacy market, by spreading the legacy giving messages.

For more information please contact Fiona Dick, Fundraising and Donor Liaison on 01483 406619.

*TNS Social 2008

**REMEMBER US IN
YOUR WILL**
Help our work live on...

Forthcoming Events



25 March 2012 – Surrey Stumble – fundraising walk organised by Surrey Police. Contact Geoff Phillips on 07941 760606.

29 March 2012 – The Life and Times of Lewis Carroll, 7.45, Guildford Guildhall. A Circle Eight production in aid of the Fountain Centre. Tickets £10, from www.guildford.gov.uk or 01483-444334.

13 April 2012 – The Mayor's Charity Ball in aid of the Fountain Centre, from 7.30, Radisson Edwardian Hotel, Guildford. Tickets £60, or £550 for a table of 10, from www.guildford.gov.uk or 01483-444334.

19 April 2012 – 70 years in the BBC, a talk by the Mayor of Guildford in aid of the Fountain Centre, 7.45, Guildford Guildhall. Tickets £10, from www.guildford.gov.uk or 01483-444334.

27 April 2012 – Trek from Barcelos to Santiago. Call 01483 406619 for more information about the trip.

8 May 2012 – Supporters' Group – meeting in the Fountain Centre, 19.00.

23 May 2012 – Golf Day, Foxbridge Golf Club.

4 June 2012 – Surrey County Show. Guildford Rotary will be selling programmes to raise funds for the Fountain Centre.

18 June 2012 – Jazz Concert, Radisson Hotel, Guildford.

22 June 2012 – Chamber Music Concert, Loseley House – organised by Guildford Rotary on behalf of the Fountain Centre.

8 July 2012 – British 10k Run; Mike and Monica Binning are running in support of the Fountain Centre. You can donate in support of their efforts at <http://www.justgiving.com/MikeBinning10kRun>

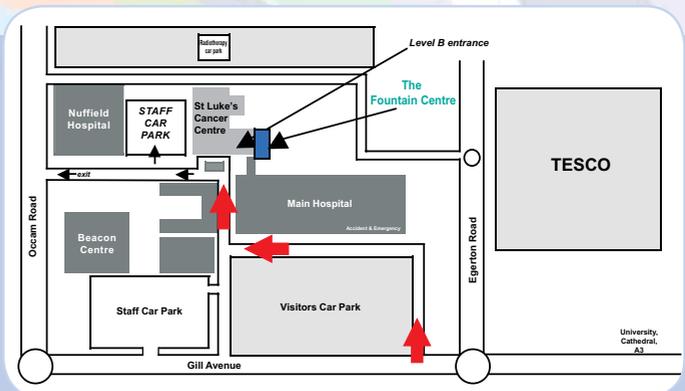
Check our website for full details of all forthcoming events.

Where to find us

Buses A number of buses go to the hospital which is situated just off the A3, the Royal Surrey is clearly signposted from all directions of travel. For the latest timetable please contact Arriva 01483 505693 or visit the website on www.surreycc.gov.uk/buses.

Train information 08457 484950 (24hour) or www.nationalrail.co.uk

The Fountain Centre is located in the St. Luke's Cancer Centre, which is situated in the grounds of the hospital, please see map on your right.



The Fountain Centre, St. Luke's Cancer Centre

Royal Surrey County Hospital NHS Trust Foundation
Egerton Road, Surrey GU2 7XX
Open Monday to Friday 9am -5pm

Royal Surrey County Hospital 
NHS Foundation Trust

Telephone: 01483 406618 | Fax: 01483 408321

Email: tr-fountaincentre@nhs.net

Website: www.fountaincentre.org