

Can you give?

- Having said all that, money is always welcome, of course! You can donate small amounts on a regular basis via a standing order or text, or just give once. And if you can sign a Gift Aid form, we can claim back the tax – full details on our website, www.fountaincentre.org or from the office.



- You can give online, through Just Giving, Virgin Money Giving and BT My Donate – either generically or to individual supporters who are seeking sponsorship; just type in Fountain Centre to the site's search box to find out who is doing what to raise funds for us.

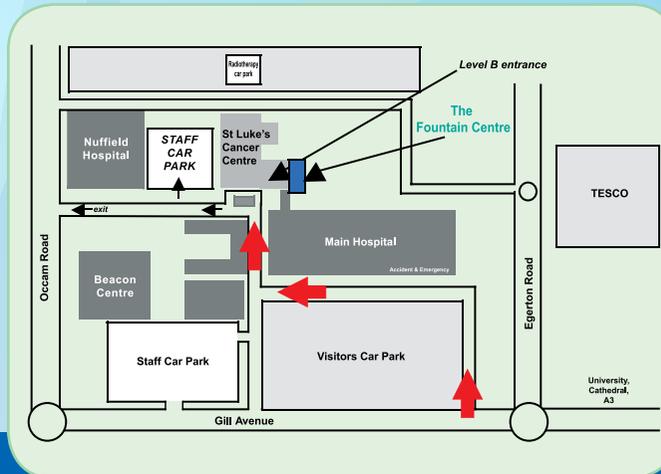


- If you shop on line you can register with www.easygiving.co.uk or www.thegivingmachine.co.uk, and then every time you shop the companies give us money – how good is that!



- If you sell on line, with eBay for Charity (www.ebay.com) you can donate some (or all) of your proceeds to the Fountain Centre

How to contact us



Royal Surrey County Hospital **NHS**
NHS Foundation Trust

The Fountain Centre, St Luke's Cancer Centre
Royal Surrey County Hospital NHS Trust Foundation
Egerton Road, Surrey GU2 7XX

Open Monday to Friday 9am-5pm

Telephone: 01483 406618 • Fax: 01483 408321

Email: rsc-tr.fountaincentre@nhs.net

Website: www.fountaincentre.org

Registered Charity Number: 1089086

FRSB *give with confidence*



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How you can help



The Fountain Centre is an independent charity. Everything we do, we do for love not money. But it costs about £150,000 a year to keep us going. We could not survive without the support of patients, their families, friends and colleagues, and local businesses, charitable organisations and trusts.

Can you give us your support?

We have a Supporters' Group which meets every two months to arrange fundraising activities, and they are actively looking for new members.

Many are former patients and carers, and friends and family of patients; others have just heard about the Fountain Centre and want to help. Since day 1, our supporters have helped make things happen, such as:

- Theatre trips
- Summer BBQs and restaurant evenings
- Carol singing at Guildford Station
- Golf Days and Balls
- Collection days in Bagshot and Camberley
- Stalls at summer fairs and car boot sales

And they help out at events organised by the Fountain Centre or local businesses and groups – for example the Surrey County Show, Surrey Police walks, and concerts at Clandon Park and Loseley House.

If you can spare a couple of hours occasionally, they would love to hear from you – contact the secretary, Tina Ridge, tinaridge001@hotmail.com, 07771 992580.

 You can also join our Facebook page to keep in touch with what's going on and with other Fountain Centre friends.



Can you give us some time?

The Fountain Centre could not operate without the amazing contribution of our volunteers but we always need more! Our volunteers are of all ages and from all walks of life, and volunteering is a great way to make new friends. If you can spare 3 hours or more a week, get in touch. You can come in and try for yourself before you commit to anything, and the paperwork isn't complicated (though we do have to arrange CRB checks for all our volunteers).



businesses to put something back into their local community. Here are just some ideas:

- Redecoration of the Fountain Centre or creating display areas
- Maintenance work and planting in the garden
- Helping at one of our numerous fundraising events



We are also always happy to hear from trained therapists and counsellors who can offer us their time, and anyone with useful professional skills such as marketing, finance, fundraising or IT, on a voluntary basis.

Corporate volunteering is a great way to encourage team building, to boost morale and to nurture leadership amongst your employees. It is a great day out for all involved and a brilliant way for

Can you share the story?

Talking to people you meet about what we do is really helpful. It is always sad to hear of cases where people found out about the Fountain Centre too late.

And spreading the word means that local businesses, charities and societies hear about us and may decide to support us. So why not suggest that your club or society or employer makes the Fountain Centre their Charity of the Year? Recent supporters have included:

- The Mayor of Guildford
- Chief Constable of Surrey
- Rotary Clubs and Inner Wheel groups
- Local Freemasons' lodges
- Golf clubs, choirs and craft groups
- Churches
- Virgin Media, Glaxo Smith Kline



Local businesses may also be able to sponsor events or provide auction and raffle prizes – if they are asked nicely.

Can you do your own thing?

Some people like to arrange something independently and give us a donation from the proceeds, like a glamorous calendar, a bike ride, football match, gift fair, cake sale or a concert. If you do, get in touch with our office and we will be able to help publicise the event for you.

And some people like doing mad things for charity like skydiving or trekking or army assault courses or running marathons. If that appeals to you, contact the office and we can offer the help and advice you need to get you started.

