

It's nearly time to start thinking about Christmas, though the weather has obviously been thinking that way for weeks and weeks now. We can all hope for an Indian Summer, of course, but in the meantime you need to know that the Fountain Centre will be selling Christmas cards this year – so that you don't get tempted when you are out shopping elsewhere. Unless, of course, you visit the Cards for Good Causes shops in Godalming or Haslemere, where we will be represented for the first time ever. There will be a good range of designs to choose from, competitively priced – we will put more details up on the website as soon as they go on sale. And we hope you like them....

We have the technology



Change is always difficult and not everyone enjoys using IT equipment, but the volunteers have embraced the new system very willingly. We are very grateful to those who are used to keyboards and buttons, who are giving lots of support to those who find the whole set-up rather strange and scary. One desk volunteer sums up her anxieties....

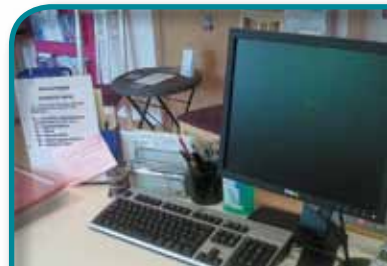
Deep Joy

Black box under the desk, what is it? it's plugged in
Been told it's a computer. Where do I begin?
They say it's for appointments – a book is all
I've seen
Word, excel, adobe what does it all mean?
It's all too confusing, I feel sick at the thought
I'd write it down on paper but feel I might get caught
I'm sure I'll understand it but I really don't know
when....
But I've found the diary and what to do so I'm on
the up again
It's a lovely place to work and it really is worthwhile
What's a computer anyway? Let's just do it with
a smile

Tuesday Sue

Those of you who have been in to the Fountain Centre recently will have noticed a new arrival on the reception desk – a computer! We now have a system which we can use for patient management, diary management, finance management and business analysis. In the current climate we need to back up what we do with hard evidence, and this will make it much easier for us to produce the statistics we sometimes have to provide.

The system has been up and running since 9 July and 20 of our volunteers are already fully trained; others are still learning, so please be patient with them. They use the system for registering new patients and managing the electronic diary, moving, cancelling and rebooking patients. To date nearly 500 patients have registered at the Fountain Centre using the new database.



First 'multi-chair' clinic – a pilot project for prostate patients

The Fountain Centre is always looking for ways to encourage more men to take up our services. Anecdotal evidence suggests in particular that very few patients with prostate cancer come to us. So we have turned to the RSCH's Prostate Project to see what could be done to help.

With very generous funding from them of £1500, to cover the costs of equipment and two therapists, we are setting up a series of six-week courses of acupuncture for men with prostate cancer. Due to the high number of men with prostate cancer who come into St Luke's on a daily basis, these are being delivered in a 'multichair' clinic. Groups of up to 4 people are treated together in one of the treatment rooms in the Level A suite, and each individual's session lasts 30 minutes.

Multiple clinics started appearing in the UK about 10 years ago.

However, in the

Far East it is

normal to treat

many people

together, and

many people

feel is a more

'authentic' way

to practice

and receive

acupuncture. It

is possible for

acupuncturists to

offer this type of

service because

acupuncture needles usually take 20-45 minutes to do their work, so

the practitioner can place needles in one patient, leave them to relax

into their treatment, and then move on to another patient.

By using this multiple approach, we can provide the service to more patients, who have an opportunity to meet other men going through similar treatment. If you would like more information, contact Anne Pike or Carol Morley to the Fountain Centre (01483 406619).



Two awards in a month – almost as good as the Olympics!

We are delighted that Brian Capp, one of our Monday volunteers, has won an Unsung Hero Award. This award recognises the contribution and achievement made by someone who provides voluntary support to the Royal Surrey Hospital Trust or its patients. He will be presented with his award at a hospital-wide ceremony on 3 October.

Michael Pantlin, Director of Human Resources and Corporate Development for the RSCH said in his letter to Brian: "Congratulations again on your award and thank you for your hard work and commitment this past year." **We second that!**

And just as we go to press, we have heard that the Fountain Centre Garden has won its category in this year's Guildford in Bloom competition – congratulations to volunteers Glen and Ray, who look after it.

Volunteers needed

No matter how much time you have available, you can make a difference to our patients. There are a variety of ways in which you can help. Welcoming visitors to the centre, supporting and listening to visitors, providing complementary therapies, counselling, classes (Yoga, Art, Music), helping with monthly support groups, fundraising, watering and maintaining the garden are just some of the ways in which you can help. Our volunteers are essential to everything we do.

If you are interested in volunteering in the Fountain Centre please contact us on 01483 406619.

We look forward to seeing you.

Positive health programme

9th, 10th & 11th October

The PHP is a positive health and well-being programme developed for people living with cancer. The PHP enables people to manage and maximise all aspects of their health, focusing on each person's strengths whilst also honouring the challenges that have arisen from the health experience.



Harry Edwards
Healing Sanctuary

The Fountain Centre & Bluebells Cancer Support Centre are collaborating to offer the Positive Health Programme over five days in the beautiful and peaceful surroundings of Harry Edwards Healing Sanctuary near Shere.

We are fundraising to enable us to offer this unique experience without charge to people who have

had a cancer diagnosis. Participants are required to make a firm commitment to the whole programme. A refundable holding cheque deposit will be required and returned following completion of the course.

Places are limited.

To register for this course please contact:

Harry Edwards Healing Sanctuary

Tel: 01483 202054

Email: angela.savage@burrowslea.org.uk
or

The Fountain Centre Tel: 01483 406618

Email: cmcdowell@nhs.net
gailmaguire@nhs.net

Follow the Rabbit – thoughts of a new Alice

I stumbled upon the Fountain Centre in my headlong rush out of the Radiotherapy Department. Each daily, naked assignation with the laser accelerator was a silent, cold and lonely affair. Mind you, I have always found liaisons with machinery so unfulfilling.

Finding The Centre was like suddenly falling down Alice's Rabbit-hole; a discrete door that led into a completely different world, where time slowed down and tranquillity descended like mist in a magic garden. Small warm, friendly creatures gathered round me, thrusting cups of tea and biscuits in my hand, whilst explaining that I was entitled to complementary therapies, counselling and membership of various support groups.

Every day I went to The Centre to bathe in the light, after the dark. Sometimes I would sit there reading, relaxing or simply musing for an hour or more. I enjoyed talking and laughing with the Wonderland characters. They kept me sane throughout the whole sordid relationship, which ended abruptly, as all romances with machines inevitably will.

I am doing very well at the moment. Saying that, I am rapidly discovering that the big conundrum with Cancer is that nobody, not even the experts, can predict the future with certainty. So even if you feel great, its presence continuously lurks and scuttles round the back of your mind like some disgusting cockroach. It takes real effort to suppress the

thoughts and the doubts that, essentially, only time-the-healer can allay and dismiss.

Jane waved away my more negative views, at the Bluebells Support Group the other day, by pointing out that "I should look on the bright side, as statistically we all have an equal chance of being mown down by a truck tomorrow". I don't know if this piece of profound wisdom helped but it did make me laugh out loud.

I still visit the White Rabbit every week for complimentary therapies, and as for the Bluebells Group, well frankly I think it should carry a health warning as it is seriously addictive.

Jacqui C.



People sometimes ask us about going on retreats, so we asked Sally Muir, one of our Reiki and Mindfulness therapists, to tell us a little more about them.....

Time Out

Retreat is often a misunderstood word and can mean many things to different people. Some think it is a way to float around on a petal; some go to escape or shut out life itself. I was once speaking to a very senior manager I had known for some time who worked high up in a blue chip company and never seemed to find time to have a rest. He told me that “finally I am going away on holiday with the family to a desert island in the Caribbean where no one from the office can get to me” I said that was wonderful and a great step forward for a better work/life balance. He replied, “yes, I can be anywhere in the world now I have a Blackberry.” I was astonished he did not see the irony in this statement, and that without awareness, we reinforce the fact that “wherever we go, there we are!”



Tuning up the Electron Microscope – The Joy of Being Present in Daily Life

was a retreat where people came to relax and learn about their habitual mind patterns and conditioning. They spent a lot of time in nature with rolling hills and sheep! It was a time where they had the freedom to let go and ‘show up’ without pretence or hiding from their vulnerable parts.

It was a retreat where the participants spent quiet and investigative time, where they ate good vegetarian food, meditated, slept and did wonderful, gentle, exercises to help open up the body and assist the breathing. It was a time to let go and watch the mind with all its processes and distractions and get to know themselves, **without mobile phones, computers or judgment!**

In a beautiful rural setting underneath the Black Hill in the Malverns on the Herefordshire/Welsh border these participants went through a range of experiences, all bringing them to a place of better knowing, understanding and potential

freedom. The retreat created a nurturing environment where they could see life as it actually is, without the burden of the past or fantasy of the future.

The lasting effects of a retreat like this help us to find that true retreat, from our habitual conceptual mind, a mind that has so many stories and artifices we sometimes wonder who we really are. It gives us the freedom to see the world as it truly is whether retreating in a monastery in Tibet or on a desert island in the Caribbean, or, in a rustic retreat centre in Lower Maescoed.

One student quoted “When you imagine you know ‘how noisy the world is’, you don’t, not until you are quiet. This was a superb few days to discover stillness and learn how to increase that stillness around you.”

Another student said “Thank you for helping me see again.”

Being present in the moment is the greatest retreat of all. This is the true gift of retreat for the participants and the teacher.

Next retreat from Friday 5th October at 20.00 hrs – Monday 8th October at 15.00 hrs.

Contact Sally Muir on 07958523628 or email sallymuir@manushi.com

for more information and registration.

Have a Heart!



The United Quilters of Farnham – a long-established group of craftswomen – decided at the start of the year to adopt the Fountain Centre as their chosen charity. But unlike many groups their main goal isn't to raise cash for us. They decided they would like to make things that would be of some practical help to some of our patients.



Top left: Ann Shirley and Diana Harman at 'Quilts and Roses'



Bottom left: Judy Jones, Ann Shirley and Diana Harman deliver their cushions

Top right: the first two beneficiaries

Between them, they have made and donated over 80 cushions to the Fountain Centre. They are specially designed to give some comfort and protection post-surgery, and are particularly good for sleeping and seat belt padding. They have been made with much love and generosity.

As well as this truly hands-on donation, the ladies have publicised the project across the quilting community, and did some very successful profile-raising for us at the 'Quilts and Roses' show, at



Squire's Garden Centre in Badshot Lea. They will be doing more publicity for us at the annual quilting extravaganza at the Maltings in Farnham next January, and are now working on a large, panelled quilt for us to auction next year.

Please ask one of the FC volunteers if you would like a cushion – or if you would like to order a bespoke version to match a particular outfit. We are not charging for the cushions, but please feel free to donate as much as you would like.

Wig Bank Service



We have a selection of donated wigs available at discounted prices. All wigs have been

sanitised by our volunteer hairdresser, who has completed the Trevor Sorbie Wig Course.

We also offer a WIG CUTTING SERVICE for a small donation.

DONATED WIGS URGENTLY REQUIRED

Have you made room for a charity in your Will?

Remember a Charity Week happens nationally each September. The week gives charities a platform to raise awareness of the importance of charitable legacy giving and to encourage more people to consider leaving a gift to charity in their Will.

Remember A Charity was formed in 2000 and now has over 140 of the UK's favourite charities as members – including the Fountain Centre. They work together to encourage more people to consider leaving a charitable gift in their Will, once they've looked after their family and friends. They aim to do what no single charity can do alone, making legacy giving a social norm.

Remember a Charity provide a range of advice on how to make a will and why it is important – you can link to this from our website or go direct to theirs, www.rememberacharity.org.uk.

REMEMBER A CHARITY WEEK
17-23 SEPTEMBER 2012
Make room for us in your Will

It is a timely opportunity for us at the Fountain Centre to talk about the impact a bequest can have. The case in point is hardly typical, as the lady involved had no close family so decided to split her entire estate between nine good causes. But for a charity the size of the Fountain Centre even the smallest gift can make a big difference.

Ivy's Legacy

The Fountain Centre received a letter from a bank several months ago saying that we had been named as beneficiaries in a will they were in the process of executing. There wasn't a lot of information at that stage, but over the months the legalities of settling an estate have progressed, and probate has now been granted. We still do not know what the final amount will be, but it does mean that we should be able to survive the worst that the current financial climate can throw at us.

To be told that the Fountain Centre was going to receive a significant amount of money that we were not expecting was great news! It came completely out of the blue, and left us all feeling grateful, relieved and rather sad that we had not known Mrs O'Neill better. Mike Wells, former Chairman of the Supporters' Group, was able to tell us more about our benefactor:

“Ivy O'Neill was a retired widow who lived in Hersham for about 40 years, came originally from North London and was a Tottenham Hotspur fan. She worked in the Bank of England. After retirement Ivy enjoyed travelling and meeting people, and positive attitude towards life made it easy to be her friend.

During retirement she unfortunately had cancer, and battled on regardless for at least 10 years. She heard about the Fountain Centre and was what can be described as a back-ground supporter – always willing to support functions and help out where she could, be it assisting at a bric-a-brac stall or selling raffle tickets at a dinner. She attended many of the Fountain Centre dinner/dances and quiz nights.

She was never approached with respect to leaving a legacy, but what a wonderful gift for which we can never thank her. The photo of Ivy was taken on December 31st 2006 at a Fountain Centre dinner dance. She is missed at our events, but not forgotten.”



New national initiative to encourage people to leave a gift to charity in their Will

Legacy income is currently worth almost £2billion to UK charities – the equivalent of 20 Comic Relief appeals. However, research shows that whilst many over 40s (35 per cent) are 'happy to give a small amount to charity in their Will' after taking care of friends and family, in reality only seven per cent actually do.

In contrast, in the United States the story is a little different, with 20% of the population making donations to charities in their Wills.

The new partnership between Remember a Charity and the Co-Operative Legal Services aims to encourage a further 4 per cent of the UK population to leave a legacy when writing or updating their Will. This would raise a further £1billion a year for good causes.

This initiative supports the UK Government's objective to make the UK the first country in the world where it is the social norm to leave 10% to charity in a Will, through



changing people's attitudes to charitable giving.

The partnership has brought two like-minded, trusted and ethical organisations – The Co-operative Legal Services and Remember A Charity – together to promote the importance and benefits of writing a Will and encourage more people to act on their good intentions and leave a charitable legacy.

Ian Mackie, Sales & Marketing Director of The Co-operative Legal Services, said: "This process could generate thousands of gifts in Wills a year and have a very positive emotional impact too as we know people who leave a legacy feel really good about supporting a cause that's close to their heart."

Are you up to date?

Head of Will Writing for The Co-operative Legal Services, Natalie Walker, explains the benefits of having an up-to-date Will in more detail:

"A Will allows you to decide who receives your possessions and assets, which helps to avoid any unnecessary stress to those handling matters when you're gone.

In your Will you can also decide who should care for your children and how they should be raised should the unthinkable happen – so by appointing guardians, you are taking control of what will happen in advance. Writing a Will also lets you leave specific gifts to particular individuals and charities, no matter how large or small."



Forthcoming Events

3 October 2012
County Club Golf Day,
West Hill Golf Club

7 October 2012
Fountain to Fountain Cycle
Ride (from the Fountain
Centre to Fountain Square,
Cranleigh)

7 October 2012
Car Boot Sale, Rural Life
Centre, Tilford

19 October 2012
Fountain Centre Golf Day,
Sutton Green Golf Club

24 November 2012
Collection, Longacres
Garden Centre, Bagshot

1 December 2012
The Grim Challenge,
Aldershot

8 December 2012
Collection, The Meadows,
Sandhurst

19-26 April 2013
Trek from the Dead Sea to
Petra, Jordan

As some of you will know, Paula Dash had to stop working for the Fountain Centre earlier this year, due to ill health. We are delighted to say Gwynneth Beck will be joining us in September as our new Events Organiser. Once she is in post it's likely that this list will get much longer, so keep an eye on our website for full details of all forthcoming events.



Fabulous Women was founded in 2011 by business woman, Paullette Schwartz. She noticed women need encouragement, acceptance and acknowledgement more than policy and help. She also noticed women in business need to be more than their businesses. Women generally wear a multitude of hats, their business (or career) is only one.

This is where Fabulous Women came from. The need to celebrate women in positive, supportive ways. Astrid Lowe, a former FC therapist, is one of their local ambassadors, and she proposed the Fountain Centre as a good cause they might like to support.

One of the key aims of Fabulous Women is to raise funds for the causes women care about. On the 16th July the Fabulous Women community pulled together and in a memorable evening at Foxhills raised over £1,100 for The Fountain Centre. "It's great that we all had such a wonderful time and for such a brilliant and worthy cause," says Paullette.



Charlotte with Paullette, of Fabulous Women
Image by Jo Scott www.joscottimages.co.uk



Summer Serenade

The Lydian Singers, a Farnborough-based ladies' choir, presented their 'Summer Serenade' concert in July in aid of the Fountain Centre and raised over £300. They are a light-hearted, fun group with membership of up to 50 singers, and perform a wide range of music, from McCartney to Mozart.

The Gunpowder Run – The story so far...

You may recall from the previous edition that our indomitable chairman of trustees, Martin Read, and his friend Philip Greig, were planning to row/sail the old gunpowder shipping route from Godalming to Dover. This heroic project was designed to raise funds for the Fountain Centre, amongst other charities, and was always going to be a serious challenge – even for two former Royal Marines.

They were scheduled to set sail on 22 June..... And our Chairman wrote *“we have not come up with any viable excuse for not proceeding with the Gunpowder Run, without losing face, reputation or being tainted with the label of “being sensible”. As a result we are departing tomorrow with a forecast of heavy rain but a strong wind from the SW. I am insisting on taking an umbrella which I maintain will double up as a spinaker, however Philip is not convinced.”*



And then what happened ?

Again, to quote from Martin's update – *“We were doing fine and made a spectacular passage through London. We got as far as Erith Yacht Club by Saturday evening - on the south side of the Thames Estuary, just before the*

Dartford Crossing. Unfortunately overnight I developed a quite serious throat and chest virus infection which made life not very pleasant, so we became ‘sensible’ after all, and decided to pause the adventure until I got over the worst.”

Well – it turns out that the chest infection was actually pneumonia, and it has taken Martin a few weeks to get fit again. But he is undeterred, and he and Philip will be reunited with Grace – their brave little boat – to continue the adventure at the end of August. They will start again exactly where they stopped in Erith.

So the challenge is still live, and so far has raised over £1000 for the Fountain Centre. If you would like to support Martin's efforts, you can do so at

**[www.justgiving.com/
MartinRead-GunpowderRun](http://www.justgiving.com/MartinRead-GunpowderRun)**
or via the Fountain Centre.

And watch this space for the next exciting episode....





Bryan Cooper, Father of the House, and Chris Elston, retiring President of the Rotary Club of Guildford, presented us with a cheque for nearly £3000 – the final installment of funds raised for the Fountain Centre by the Club over the last year.



Thank You

Yes, it is a big list, mainly because somehow it got left out of the last edition. The editor apologises for that oversight, and is very sorry if anyone felt forgotten. We really are very grateful.

All the donors of raffle, auction and tombola prizes

Adrian Flynn and his team

Alvin & Mrs Stardust

Anne Coxon

Any Size Sofa Company

Argos

Astrid Lowe

Barclays Bank

Barlow Robins Solicitors

Bisley Contracting

Bluebell Cupcakes

Card Factory

Caron Keating Foundation

C Harris & Son

Charles Robinson

Co-Operative Bank

County Club, Guildford

Daisy, the Ice Cream Van

Design Room

Diana Roberts

Drake & Kannemeyer Chartered Surveyors

Erica Leonard Charitable Trust

Fabulous Women

Fetcham Park

Flavia Cacace & Vincent Simone

Gatsby Charitable Trust

Geoff Banks Ltd

Grayshott Hall.

Guildford Chamber Choir

Guildford Fire Brigade

Guildford Rotary Club

H T Headwear

Janet Stevenson

Jo Barnes Vintage

Kate Foxton

Laura Butler

Lesley Meyer

Lord Fellowes

Loseley & Guildway Charitable Trust

(in memory of Mr John Dobson)

Mayor Terence Patrick

Miss Bush Bridalwear

Mountain Warehouse

Nandos

Neatworks

Nigel Mountjoy and his team

Nina Duncan Photography

Non Stop Party Shop

Parallel Venues

PBS

Pink's Estate Agents

Professor Jonathan Wood, and Suzie

Prostate Project

Radisson Edwardian, Guildford

Red Eye Print

RSCH Project Management

Rotary Club of Guildford

Sainsbury's Guildford and

Burpham

S C Johnson Charitable Trust

Simon Dickinson

Sobell Foundation

Solent Towage Ltd

South West Surrey Freemasons

St Catherine's School, Bramley

Staff of Guildford Guildhall

Starbucks

Summer Nights at Loseley

Tacy Singleterry

Tallulah's Trinkets

Tech-Graphix Signs

Tesco

United Quilters of Farnham

Vintage Floral Teas

VMWare Foundation

WASP (Walking Association of

Surrey Police)

Watts Gallery

West Byfleet Golf Club

West Surrey Golf Club

Will Todd and the Will Todd Trio

Woking Golf Club

information for your calendar

The Fountain Centre is open Monday to Friday 9am – 5pm.
Please contact us on 01483 406618 to make inquiries or a booking.

Weekly Activities

Monday

Acupuncture, Bodytalk, Counselling, EFT (Emotional Freedom Technique), Hypnotherapy, Reflexology, Yoga

Tuesday

Acupuncture, Counselling, Massage, MLD (Manual Lymphatic Drainage), Reflexology, Reiki, Shiatsu

Wednesday

Acupuncture, Aromatherapy, Benefits Advice, Counselling, Craniosacral Therapy, Hydrotherm, Hypnotherapy, Meditation Visualisation, MLD, Massage, Reflexology, Reiki, Shiatsu, Wig bank and cutting service

Thursday

Acupuncture, Art with Meditation, Counselling, CranioSacral Therapy, Hydrotherm, Indian Head Massage, Massage, Reflexology, Reiki, Shiatsu

Friday

Acupuncture, Aromatherapy, Counselling, Hydrotherm, Indian Head Massage, Massage, Meditation, Pilates, Reflexology, Reiki

Book Club

20/09/12	Juliet, Naked	Nick Hornby
18/10/12	Clochemerle	Gabriel Chevallier (N.B. new title)
15/11/12	American Wife	Curtis Sittenfield
20/12/12	December	Elizabeth Winthrop



Monthly

Look Good Feel Better

Look Good Feel Better is always on the 1st and 3rd Tuesday of the month

Hascombe Oncology Support Group

– for parents of children affected by cancer

Meets on the 4th Tuesday of each month in the Creative Arts room. Contact Melanie Popham on 01483 571122 ext 4071 for times each month.

Book Club

Meet on the 3rd Thursday of each month, 10.15-11.15. For more information contact Maria Wakefield on 01483 406619.

Young Women's Support Group

For women aged 20-45; meets on the 3rd Thursday of every month in the Creative Arts room from 12.30 – 3.00. Contact Anne Pike for more information on 01483 416619 or anne.pike1@nhs.net

Brain Tumour Support Group

Meet on the 1st Thursday of each month, 12.30 – 3.00 in the Creative Arts room. Contact Dorrie (dorriewill@aol.com) or Ann (01252 834784) for more details.

Ovarian Cancer Support Group

Last Friday of the month – every other month

Contact Fiona Thompson on 01483 571122 ext 2038 for more details



Taking a dip in the Fountain Centre...

The Fountain Centre is organising an information day on Wednesday September 19, 10.00 – 15.30, to give staff, patients and carers a better understanding of the diverse range of support it can provide.

A number of the Fountain Centre's volunteer therapists will be providing 'taster' sessions – an opportunity for people to sample techniques they haven't experience before and find out more about them. There will also be stalls and information provided by the many local organisations the Fountain Centre works with across the SWSH region, such as local specialist support groups, the Harry Edwards Healing Sanctuary, and the Bluebells Cancer Support Centre. There will be information stalls in the Fountain Centre Corridor on Level B, and teas and coffees as well as therapies in the main Fountain Centre.

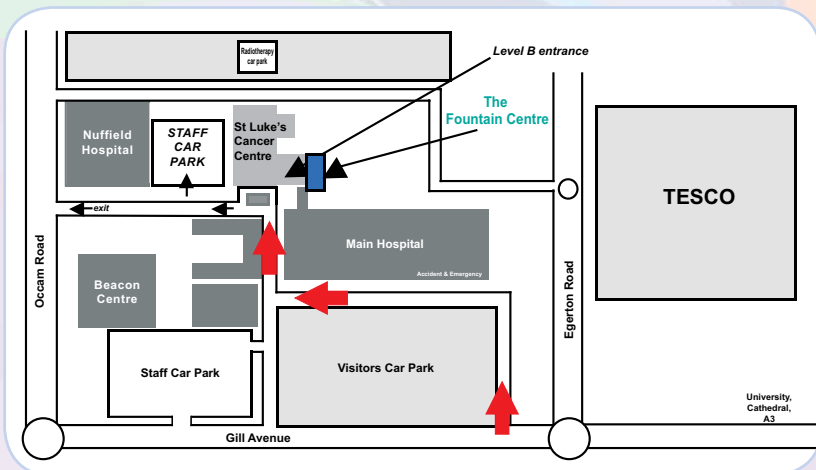
Gail Maguire, Centre Manager, explained what she is hoping the day will achieve:

"We would like to do all we can to encourage joint working with similar organisations. This will give patients and carers a better idea of what is around to support them in their own locality. For staff, it raises the awareness of support in their minds when talking to patients – so they don't forget to mention us. The general feeling is that the Taster Day may be one way of conveying to all the diverse range of support that is available to patients, carers & staff throughout our catchment area. So we thought we would give it a go!"



Supports the Fountain Centre

If you would like to sponsor the newsletter as a one off or on a regular basis please contact the Fountain Centre on 01483 406619



Where to find us

Buses A number of buses go to the hospital which is situated just off the A3, the Royal Surrey is clearly signposted from all directions of travel. For the latest timetable please contact Arriva 01483 505693 or visit the website on www.surreycc.gov.uk/buses.

Train information 08457 484950 (24hour) or www.nationalrail.co.uk

The Fountain Centre is located in the St. Luke's Cancer Centre, which is situated in the grounds of the hospital, please see map on your right.

Royal Surrey County Hospital 
NHS Foundation Trust

The Fountain Centre, St. Luke's Cancer Centre
Royal Surrey County Hospital NHS Trust Foundation
Egerton Road, Surrey GU2 7XX
Open Monday to Friday 9am -5pm

Telephone: 01483 406618 | Fax: 01483 408321
Email: rsc-tr.fountaincentre@nhs.net
Website: www.fountaincentre.org